

# Tamil Nadu Fish Food Festival 2025: A Celebration of Seafood, Sustainability and Community

The Tamil Nadu Fish Food Festival 2025 was inaugurated by Thiru Udhayanidhi Stalin, Hon'ble Deputy professional chefs and women from fishing communities prepared a variety of traditional and contemporary seafood dishes, creating an engaging

exhibits and live cooking demonstrations that emphasized the nutritional benefits of seafood, particularly its high content of Omega-3 fatty acids, iodine, essential minerals, and vitamins A, D, and K nutrients known to be especially beneficial for children and senior citizens.

A standout attraction was the "Prawnathon", a lively mini-marathon aimed at promoting public awareness around the health benefits and sustainability of prawns. The event also featured expert talks and panel discussions on topics such as sustainable fishing practices, emerging aquaculture trends, and seafood export opportunities, adding an educational dimension to the festival.

The Tamil Nadu Fish Food Festival 2025 concluded on a successful note, leaving behind fond memories, increased nutritional literacy, and a deeper appreciation for the state's seafood traditions and the coastal communities that sustain them.



Chief Minister of Tamil Nadu, at Island Grounds, Chennai, and was held from May 30 to June 1, 2025. Organized by the Department of Fisheries and Fishermen Welfare, the festival aimed to raise public awareness about the nutritional value of seafood and to spotlight the state's rich marine heritage.

Held inside a sprawling 1,00,000 sq. ft. air-conditioned pavilion, the event featured over 50 stalls from Chennai-based seafood brands, 15 stalls displaying aquaculture and ornamental fish, and 20 stalls focused on value-added fish products. The venue became a vibrant hub for seafood lovers, culinary enthusiasts, and aquaculture stakeholders from across the region. One of the major highlights was the live cooking counters, where

and interactive culinary experience. Beyond the gastronomic showcase, the festival hosted a comprehensive seafood exhibition, spotlighting the latest advancements in aquaculture technologies and seafood processing innovations.

Visitors also explored informative

